



Memory Care Activity Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 Ageless Fitness	8:00 Ageless Fitness	8:00 Ageless Fitness	8:00 Ageless Fitness	8:00 Ageless Fitness	8:00 Ageless Fitness	8:00 Ageless Fitness
8:30 Water and Bathroom	8:30 Water and Bathroom	8:30 Water and Bathroom	8:30 Water and Bathroom	8:30 Water and Bathroom	8:30 Water and Bathroom	8:30 Water and Bathroom
8:45 Bowling	8:45 Arts and Craft	8:45 Bean Bag Toss	8:45 Arts and Crafts	8:45 Parachute Fun	8:45 Arts and Craft	8:45 Ring Pass
9:15 Memory	10:15 Parachute Bulls Eye Toss	9:15 Taboo Word	10:15 Balloon Drop Game	9:15 Rhyme Time	10:15 BINGO	9:15 I Spy From the Solarium
9:45 Words That Begin With A	10:45 Lunch Prep	9:45 Jenga	10:45 Lunch Prep	9:45 Puzzle Time	10:45 Lunch Prep	9:45 Sing A Long
10:15 Sing A Long	11:00 Lunch	10:15 BINGO	11:00 Lunch	10:15 BINGO	11:00 Lunch	10:15 Leaf Prints
10:45 Lunch Prep	11:45 TV Time	10:45 Lunch Prep	11:45 TV Time	10:45 Lunch Prep	11:45 TV Time	10:45 Lunch Prep
11:00 Lunch	12:15 Lets Find Out Who	11:00 Lunch	12:15 Playing Card Memory	11:00 Lunch	12:15 Commonymns	11:00 Lunch
11:45 TV Time	12:45 BINGO	11:45 TV Time	12:45 BINGO	11:45 TV Time	12:45 Bingo	11:45 TV Time
12:15 Beachball Volleyball	1:15 Water and Bathroom	12:15 Grab and Pass	1:15 Water and Bathroom	12:15 Let's Make a Band	1:15 Water and Bathroom	12:15 Movie Time
12:45 Category Fun	1:30 Ageless Fitness	12:45 Words That Begin With	1:30 Ageless Fitness	12:45 Water and Bathroom	1:30 Ageless Fitness	1:15 Water and Bathroom
1:15 Water and Bathroom	2:00 Rhythm Ribbons	1:15 Water and Bathroom	2:00 I Spy...	1:00 Bus Ride	2:00 Can Feel A...	1:30 Ageless Fitness
1:30 Ageless Fitness	2:30 Recipe Fun	1:30 Ageless Fitness	2:30 Left and Right	2:15 Quick Craft	2:30 Words That Begin With	2:00 Bulls Eye Toss
2:00 Tic-Tac-Toe Toss	3:00 Ring Toss	2:00 Bubble Art	3:00 Line Dance Fun	2:45 Sunshine Sitting	3:00 Grab and Pass	2:30 Quick Craft
2:30 Beading	3:30 Social	2:30 Beading	3:30 Social	3:15 Bead Fun	3:30 Social	3:15 Words That Describe
3:15 Finish the Sentence	3:45 Dinner Prep	3:15 Nature Trivia	3:45 Dinner Prep	3:45 Dinner Prep	3:45 Dinner Prep	3:45 Dinner Prep
3:45 Dinner Prep	4:00 Dinner	3:45 Dinner Prep	4:00 Dinner	4:00 Dinner	4:00 Dinner	4:00 Dinner
4:00 Dinner		4:00 Dinner				